

Mental Health Providers in West Alabama

Hope Grows Center for Counseling

4124 Watermelon Rd Ste. B
Northport, AL 35473
205-454-1897
admin@hopegrowscenter.org

Services: Individual, Couples, and Family Counseling

Preferred Age Range: 5 & Up

TC Counseling and Consulting

266 Gadsden Hwy Suite 101
Birmingham, AL 35235
(205) 968-1460
tcauthen@tccounselingservices.com

Services: Individual, Family, and Group Counseling

Preferred Age Range: 5 & Up

Perception Counseling Services

2824 7th Street
Tuscaloosa, AL 35401
(205) 722-2142
admin@pcsmh.org

Services: Outpatient psychotherapy for children and adults

Preferred Age Range: 3 - 99

Viatru Life Solutions

4244 McFarland Blvd
Northport, AL 35476
(833) 484-2878
viatrusolutions@gmail.com

Services: Individual, Couples, and Family Counseling for Children and Adults

Preferred Age Range: Years 7 & up

S.O.U.L. Therapy

971 Fairfax Park Ste. C
Tuscaloosa, AL 35406
(205) 286-2022
gabriellewilliams@soultherapyllc.com

Services: Individual, Couple, and Family Counseling

Preferred Age Range: 10 & Up

Thrive Therapy

971 Fairfax Park STE C
Tuscaloosa, AL 35406
(978) 435-4045
charice@thrivetherapytuscaloosa.com

Services: Individual, Couple, and Family Therapy

Preferred Age Range: For children, 10 and Under

Bright Horizons Family Resource Center

517 Energy Center Blvd Suite 1303
Northport, AL 35473
(205) 399-8500
brighthorizons4u@gmail.com

Preferred Age Range: AL Medicaid provider for children 0-19;
Adults of all ages